

TravCon 2018

Monday September 10 - Main Conference

All sessions listed are approved by AOTA for Continuing Education Credit

9:45-10:50 AM - Communication Styles. Landon James, RN, BSN, MA, CEN, PCP

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 3: PROFESSIONAL ISSUES - Supervision

James will get the audience out of their chairs and teach about the communication styles that drive our interactions with our patients and with each other. This course emphasizes reflective practices within occupational therapy including self-reflection, communication styles and use of meaningful feedback to promote improved service delivery. This will improve performance and self-actualization within the OT role.

Objectives:

1. Name the four basic communication styles.
 2. Identify two traits that can impede effective communication with patients and colleagues.
 3. Identify three behaviors that can enhance communication with patients and colleagues.
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11:00-12:00 PM & 12:00-1:00 PM - Traveler Safety and Personal Self Defense. Jeff Lee and Angel Wells.

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 2: OCCUPATIONAL THERAPY PROCESS: Intervention

Jeff and Angel, experts in safety and personal defense, will provide practical methods for recognizing and avoiding high-risk situations that may pose a threat to healthcare travelers both at work and in the community. They will teach and demonstrate techniques for travelers to defend themselves and escape dangerous encounters when avoidance techniques fail.

Objectives:

1. Name two non-verbal indicators that should alert a healthcare worker of a potentially unstable encounter with a patient or family member.
 2. Name three options to avoid physical violence when confronted by a hostile person.
 3. Describe three physical techniques to defend yourself and escape from an aggressive individual.
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11:00-12:00 PM & 12:00-1:00 PM - Destination Guam. Melanie Theriac, RN and Joan Reneer, RN, BSN

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT: CONTEXT AND ENVIRONMENT

Melanie and Joanie will present a first-hand report about healthcare in Guam, a territory of the United States in Micronesia in the western Pacific Ocean. This will allow for a improved understanding of Guam's customs, beliefs, activity patterns, behavioral standards, and expectations to improve patient outcome and participation.

Objectives:

1. List three key similarities between the Guam public healthcare system and that of the US mainland.
 2. Describe two characteristics about Guamanian culture that can impact healthcare delivery.
 3. Describe the fundamental difference between the two main healthcare systems on Guam.
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11:00-12:00 PM & 12:00-1:00 PM “Tactical Financial Planning” Joseph Reinke, CFA

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Work - Retirement preparation & adjustment

If you're like many travelers, you've neglected your own retirement planning. This expert presentation will give you the tools necessary to make the best choices when playing “catch up” with your retirement plans. Joseph turns a complicated problem into simple steps toward financial security.

Objectives:

1. List three options available to you to help prepare you for retirement
 2. Identify two changes you can make right now that will positively impact your method of savings
 3. Describe three resources you can access when looking for financial direction in the future
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1:15-2:15 PM - “Partnerships Beyond Pay: The Value of Your Relationship with an Agency” Shari Dalton

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Occupations - Work - Employment seeking & acquisition

In this session, travelers will learn the advantages and disadvantages of longevity with an agency. When you're out on your own on assignment, you want to know what your company can do when things don't go as planned. Learn to evaluate what is important to you, and what to look for when choosing an agency.

Objectives:

1. Describe 2 advantages and disadvantages of longevity with an agency
 2. Describe three agency resources and procedures as they relate to the price-value assessment.
 3. Identify two strategies for self-assessing their needs from an agency partner
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2:45-3:45 PM – Initiating or Maintaining Healthy Relationships while Traveling

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Social Participation

Licensed Professional Counselor Scott Martindale MBA, MEd will outline challenges unique to healthcare travelers regarding personal relationships while traveling.

Objectives:

1. Identify three challenges to maintaining relationships while separated due to work assignments.
 2. Name three effective strategies for initiating or maintaining healthy relationships while traveling.
 3. Describe one approach you can employ to strengthen an existing relationship while separated by distance.
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2:45-3:45 PM - Storming. Overcoming Conflict on Assignment. Earl Dalton MHA, MSL, BSN, NEA-BC.

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 3: PROFESSIONAL ISSUES - Supervision

Earl defines and develops the stages of team formation (forming, storming, norming etc.) and focuses on the emergence of the “Storming” phase and strategies and tactics we can use to minimize the damage of that stage. He will further develop the traits of how each generation handles conflict differently.

Objectives:

1. Identify two common traveler behaviors that impede your acceptance when joining an established team.
 2. List two common roadblocks facility staff experience when welcoming a new healthcare traveler.
 3. Define two strategies that healthcare travelers can employ to overcome team resentment when joining an established team.
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2:45-3:45 PM “Who in the World Needs Me? What to know about Medical Missions” Tracey Long, RN, PhD, MS, MSN, CE, CNE, CHUC, CCRN

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Occupations - Work - Volunteer exploration/Volunteer participation

International Service Learning's medical teams provide medical care and public health education in partnership with local community agencies. From urban centers to small towns and villages in remote areas, our medical teams work in field clinics assessing patient needs and treating acute conditions. Volunteers have the opportunity to provide valuable services in developing communities, while increasing their own cultural competency skills. ISL's medical teams are reserved for licensed health professionals & upper level graduate students who have completed their first year of health training.

Objectives:

1. Identify three items to consider for volunteering as a medical professional.
 2. Describe the components to identifying an organization that is reputable and safe when volunteering.
 3. List key organizations that are reputable for medical mission service opportunities
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2:45-3:45 PM Linnea Stonebraker, RN, PhD - Creating Freedom - Your Own Training Center

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Occupations - Work - Employment interests and pursuits

Linnea will teach you how to open an AHA Training Site to generate another income stream. It is neither expensive nor difficult to start one. Linnea has been a nurse for over three decades spending most of her career in critical care and nursing education. She founded National Institute for Healthcare Education, a national AHA Training Center in 2003 and is an ACLS, PALS, BLS & NRP Instructor. She has a thriving business and is willing to share her secrets.

Objectives:

1. Identify three criteria required to prepare for opening your own AHA Training Site
 2. Describe the materials/equipment necessary for on-site training
 3. List the resources available for marketing your training site in your local area
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4:00-5:00 PM – “Noah's Ark Gone Bad – Animal Bites”. Jeff Solheim, MSN RN CEN TCRN CFRN FAEN

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Client Factors - Skin functions - Protection (presence of wounds) & repair (wound healing)

This session covers bite wounds including dog bites, cat bites, farm animal bites, wild animal bites, rabies, human bites and tick-borne illnesses.

Objectives:

1. Identify the most common animal bites requiring medical treatment in North America.
 2. Describe how animal bites differ from other penetrating injuries.
 3. Discuss, in a general way, the principles of wound management for animal bites.
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4:00-5:00 PM - “Where does the Money Go? Bill Rate Breakdown ” Chris Coates BA, CHP

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 3: PROFESSIONAL ISSUES - Administration & Management - Budgeting & Recruitment/Retention

It's crucial for travelers to understand the relationship between bill rates and your final pay package. Melissa brings an unbiased overview of basic information every traveler needs to understand in order to effectively negotiate, and budget for their own resources & expenditures.

Objectives:

1. Describe how a bill rate is broken down into components
2. List three items within the bill rate
3. Identify two items in which a traveler can negotiate, and two items which travelers cannot negotiate on

Tuesday September 11 - Main Conference

**10:00-11:00 AM – “The Moment of Impact” – Case Studies of Trauma and Mechanisms of Injury. Jeff Solheim, MSN RN
CEN TCRN CFRN FAEN**

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 2: OCCUPATIONAL THERAPY PROCESS: Intervention

Analysis of video recordings of actual trauma events with a review of the mechanism of injury and discussion regarding the implications for healthcare workers treating patients with similar injuries.

Objectives:

1. Define predictable acute clinical manifestations relative to the mechanism of injury.
 2. Describe short and long-term sequelae following traumatic injury including respiratory, motor and neurological dysfunction.
 3. Identify standards of care for trauma patients applicable to your specialty.
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10:00-11:00 AM Why Didn't They Pick Me? Shaunna Nastasi

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Occupations - Work - Employment seeking & acquisition

In this presentation, learn what a facility will ask you, how they are assessing more than just your answers and what you should NEVER disclose to them. Also, discover things you might be inadvertently doing that cause a facility to pass on you right away as well as tips and tricks for ensuring you come off as the most professional candidate for their needs.

Objectives:

1. List three possible questions that a facility may ask you during an interview
 2. Describe two details that you should never disclose during an interview
 3. Identify two inadvertent actions that might cause a facility to pass you over for the next person
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11:15 AM -12:15 PM “Disaster Staffing” Cathy Vollmer RN, CSP

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Occupations - Work - Employment seeking & acquisition

Every year disaster strikes in the form of hurricanes, floods, earthquakes, tornados, etc. When disasters occur, a team of travel healthcare providers responds. Would you like to be one of them? This presentation will cover:

- How disaster staffing differs from typical travel or contract assignments
- The scope of your role during disaster staffing assignments, including the impact to your license relative to your eligibility
- Planning & preparation & communication before and during assignment
- How YOU can get involved

Objectives:

1. Describe how disaster staffing differs from typical travel assignments
 2. Identify two possible aspects that could impact your license and eligibility
 3. List three important items to prepare before and during assignment
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11:15 AM-12:15 PM & 12:15 PM-1:15 PM “Leave Your Ego at the Door & Rock Your First Day!” Kim ARDMS/RVT and Erran Gipson RT(R)

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 3: PROFESSIONAL ISSUES - Supervision

A healthcare traveler's likelihood of successfully completing a contract can be either supported or undermined based upon what kind of impression we make on the first day and throughout the assignment.

Objectives:

1. List three common mistakes healthcare travelers make on their first day.
 2. Identify the one “secret weapon” to improve your integration into a new healthcare team.
 3. Name three preparatory activities you should complete the day before your first day on a new assignment.
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11:15 AM-12:15 PM – “Becoming a Sleuth to Detect Cognitive Difficulties”. Robyn Otty, OTD, MEd, OTR/L, BCPR .

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 2: OCCUPATIONAL THERAPY PROCESS: Intervention

Executive functioning (EF) deficits can be difficult to detect. While individuals with EF issues may possess the physical capacity to take care of themselves, they often falter when given more complex activities that require multiple steps and exhibit limited or inefficient strategy use. Through this session, you will have the opportunity to present performance-based tasks to clients in order to further understand their cognitive deficits.

Objectives:

1. Distinguish between inefficient and productive cognitive strategy use.
 2. Describe examples of cognitive-based evaluation methods and apply this knowledge to ideas in which you can influence improved task performance.
 3. Describe how cognitive deficits can influence functional performance and develop ways to increase efficient strategy use to accomplish a given task.
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11:15 AM-12:15 PM & 12:15 PM-1:15 PM “Stepping up Your Bedside Manner - An Experiential Look at Emotional Intelligence” Gary Swyers

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 3: PROFESSIONAL ISSUES - Supervision

Learn how emotional intelligence is just as important as mastery of your clinical skill set for success as a healthcare traveler. Learn how this critical factor sets top performers apart from the rest of the pack.

Objectives:

1. Describe emotional intelligence, what it is, and how you can use it.
 2. List two examples that enable self-awareness and self-management of your own emotions.
 3. Identify two emotions in others and identify how best to respond in order to improve your effectiveness as a healthcare traveler
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12:15-1:15 PM "Essentials for traveling as a Therapist" Julia Kuhn, MS CCC-SLP

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Occupations - Work - Employment seeking & acquisition

This session is designed for physical, occupational and speech-language pathologists to learn more about the special considerations to travel as a therapist. Topics addressed will include experience needed, facilities types, caseload expectations and ethical considerations.

Objectives:

1. Identify the major advantages of working as a traveling therapist
 2. Identify the potential settings that you could work in as a traveling therapist
 3. Identify a major ethical attribute that you may have to use as a traveling therapist
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1:30-2:30 PM "CEO Panel on the Healthcare Industry with Q&A"

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 3: PROFESSIONAL ISSUES - Contemporary Issues & Trends - Globalization of the profession

Moderated by Cynthia Kinnas, Former CEO of Clinical One and current member of the TravCon Board of Directors - A panel of industry leaders present their take on the state of healthcare travel, recent political trends & health legislation that affect healthcare travelers, and their projections for the future. Questions from the attendees will be answered.

Panelists:

Scott Martindale, CEO of Republic Health Resources, Panel Coordinator

John Maaske, CEO of Triage Staffing

Ken Tracy, CEO of TaleMed

Sheldon Arora, CEO of LiquidAgents Healthcare

Objectives:

1. Describe the current structure of the healthcare travel industry.
 2. Describe systemic practices & health legislation that governs their employment as healthcare travelers.
 3. Identify political trends that may affect their employment options in the near future.
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1:30-2:30 PM "When your contract gets cancelled" Kay Slane RN, BS

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT - Occupations - Work - Job Performance

The industry average for healthcare travel contracts that end prematurely is 10%. If you travel long enough, odds are good that you will encounter a cancellation.

Objectives:

1. Name the one most important action you can take before a cancellation occurs to allow you to weather this event with minimal disruption to your professional career.
 2. Identify the one reason that is behind most cancellations for cause.
 3. List three strategies to employ that reduce your likelihood of experiencing a cancellation.
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1:30-4:00 PM “Intermediate Medical Spanish” Tracey Long, RN, PhD, MS, MSN, CE, CNE, CHUC, CCRN

Occupational Therapy: 2 Contact Hours (0.2 AOTA CEUs)

Category 3: PROFESSIONAL ISSUES - Supervision - Communication & Cultural Issues

This 2 hour class will provide health care providers with a review of basic Spanish grammar and pronunciation, then expand into the past and future tenses for verbs. This course is for those who already have a good foundation of basic Spanish who want to expand their vocabulary and conversational skills in a variety of medical settings.

Objectives:

1. List three examples of patient education using basic terminology.
 2. Identify common diseases in the Latino community.
 3. Identify patient interview questions to assess for patient’s chief complaint
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3:00 – 4:00 PM “Work and negotiate with two different companies at once” Laura Latimer, OT

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 3: PROFESSIONAL ISSUES - Professional development & continuing competence

Professional development goals and practical considerations often require healthcare travelers to work with multiple recruiters and agencies. This presentation will enable you to navigate the complexities of this situation in an ethical and efficient manner.

Objectives:

1. Identify the major advantages of being credentialed with more than one agency.
 2. Identify potential complications when you work with two or more agencies.
 3. Describe the one most important ethical attribute you must employ when working with two or more recruiters.
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4:00 – 5:00 PM “A Funny Thing Happened on my way Through the Jungle!” Jeff Solheim, MSN, RN, CEN, TCRN, CFRN, FAEN, FAAN

Occupational Therapy: 1 Contact Hour (0.1 AOTA CEUs)

Category 1: DOMAIN OF OT: CONTEXT AND ENVIRONMENT

This will allow for a improved understanding of customs, beliefs, activity patterns, behavioral standards, and expectations to improve patient outcome and participation.

Jeff Solheim has been Executive Director of a not-for-profit medical organization for 20 years allowing him to travel with medical teams to some of the most desolate areas of the world. In this very visual and emotional presentation, Jeff takes participants on a trip around the world, sharing life-lessons learned from nearly every corner of the earth.

Objectives:

1. List options available to healthcare workers wishing to render aid to underserved populations throughout the world.
2. Identify roadblocks that citizens of third-world countries encounter when seeking healthcare.
3. Compare healthcare quality and availability in the U.S. with that in many third-world countries.